



This is a calendar for you to coordinate your consultations with your care team. It's important to see your care team to get the best care possible. Your team may consist of a doctor, diabetes educator, dietitian, biokineticist, podiatrist, optometrist or ophthalmologist and specialist. Print this calendar out and start managing your diabetes today.

Your primary care doctor's name: \_\_\_\_\_

our primary care doctor's contact number: \_\_\_\_\_

### MY DIABETES MANAGEMENT CALENDAR

JANUARY	FEBRUARY	MARCH	APRIL
<i>e.g. dietitian appointment</i>			
MAY	JUNE	JULY	AUGUST
SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER