



# MY DIABETES MANAGEMENT CALENDAR

This is a calendar for you to coordinate your consultations with your care team. It's important to see your care team to get the best care possible. Your team may consist of a doctor, diabetes educator, dietitian, biokineticist, podiatrist, optometrist or ophthalmologist and specialist. Print this calendar out and start managing your diabetes today.

Your primary care doctor's name: \_\_\_\_\_

Your primary care doctor's contact number: \_\_\_\_\_

January	February	March	April
<i>e.g. dietitian appointment</i>			
May	June	July	August
September	October	November	December

Call Centre 0860 100 698 | [service@malcormedicalaid.co.za](mailto:service@malcormedicalaid.co.za) | [www.malcormedicalaid.co.za](http://www.malcormedicalaid.co.za) | Report fraud anonymously 0800 004 500

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