

# Menopause medicine list (formulary) 2024

#### Who we are

The Malcor Medical Aid Scheme (referred to as "the Scheme"), registration number 1547, is the medical scheme that you a member of. This is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07). We take care of the administration of your membership for the Scheme.

### Important information you need to know

The Malcor Medical Aid Scheme Rules set out the requirements for the Chronic Illness Benefit (CIB). The utilisation of the benefits and programmes associated with the Chronic Illness Benefit is subject to specific conditions and rules. Members must ensure that they are familiar with these rules and conditions. The scheme rules are available on <u>www.malcormedicalaid.co.za</u>

Any instruction or advice we give about medicines and the management of the member's condition is intended as a supplement to, and not a substitute for, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

Malcor Medical Aid Scheme reserves the right to change the benefit at any time. We will communicate any changes to the way we pay for medicines when we make these.

Approved chronic medicine on the medicine list (formulary) will be funded up to the Maximum Medical Aid Price (MMAP®).

#### About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms:

Terminology	Description
Maximum Medical Aid Price (MMAP®)	The Maximum Medical Aid Price (MMAP®) is the rate that applies to all approved chronic medicine. In the absence of MMAP, approved chronic medicine will be funded up to the Scheme rate for medicine. All other charges in excess of these approved rates will be for your own pocket.
Medicine class	Medicine with similar chemical structures or similar therapeutic effects.

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## **Formulary medicine**

The menopause medicine list (formulary) applies to all Malcor Medical Aid Scheme Plans for the 2024 benefit year.

Medicine name	Medicine class
Estrofem 1mg	Estrogens
Estrofem 2mg	Estrogens
Activelle	Progestogens and estrogens, fixed combinations
Novofem	Progestogens and estrogens, sequential preparations
Provera 5mg	Progestogens – Pregnen (4) derivatives
Provera 10mg	Progestogens – Pregnen (4) derivatives

#### **Contact us**

For more information call us on 0860 100 698 or visit www.malcormedicalaid.co.za

#### **Complaint process**

You may lodge a complaint or query with Malcor Medical Aid Scheme directly on 0860 100 698 or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge a formal dispute by following Malcor Medical Aid Scheme's internal disputes process.

Members, who wish to approach the Council for Medical Schemes for assistance, may do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or email <u>complaints@medicalschemes.co.za</u>. Customer Care Centre: 0861 123 267/website <u>www.medicalschemes.co.za</u>